

# Forest School Leader Qualification

## Itinerary for Modules 1 and 2



Day 1	Day 2	Day 3	Day 4	Day 5
Intro & welcome Personal Learning Journal knots I	Review Day 1 Knots III Role of Play at Forest School	Review Day 2 Knots IV Neural Development Total Behaviour	Review Day 3 Knots V History of woodlands	Review Day 4 FS Programme Planning Health & Safety
Break	Break	Break	Break	Break
How is FS different? Risk Management I Knots II	Risk Assessment II (Activity/Experience) Tools I (knife) F Friend Theories of Learning	Barriers to Learning  Tarp & Line Shelter	Role of Leader  Shelter design Coppicing	Self-esteem & Emotional Learning  Food Hygiene & campfire cooking
Lunch	Lunch	Lunch	Lunch	Lunch
Student intros Files	Square lashing – picture frames/mobiles  Tools II (knife) Toasting stick	Tools II & PPE (Saw) Tree cookie  Fire II Kelly Kettles	Shelter build Tools III (axe) pegs Mini dens Play & Small skills	<b>Cook-Out</b>
Break	Break	Break		
Site Risk Assessment (4 layers) Tree Game	Fire Lighting – damper bread Fire links to Holistic Development	Ecology of Woodlands Simple survey woods Impact Assessment	Session evaluation Observation skills	Course Review
<b>Link Wk</b> – to look through portfolio Start Personal Journal	<b>Link Wk</b> – Summarise the key characteristics of play & it's role at FS	<b>Link Wk</b> – Write an activity/benefit RA suitable for your client group	<b>Link Wk</b> – Evaluate one piece of research on FS	<b>Link Wk</b> – Evaluate research articles on the benefits of connection with woodland environments on well-being